



First Step Treatment in Breastfed Infants with Gastroesophageal Reflux Disease (GERD)¹

2018 ESPGHAN guidelines recommend:

- Avoid overfeeding
- Use thickened feeds
- Continue breastfeeding

Cow & Gate instant carobel is suitable for the dietary management of the following conditions:

- ✔ Infantile vomiting and possetting
- ✔ Habitual or recurrent vomiting (e.g. gastro-oesophageal reflux)
- ✔ Rumination

Suitability

- 1 Suitable for both breast and bottlefed babies.
 - No need to switch chosen milk feed*
- 2 Unique flexibility of instant carobel
 - Viscosity can be altered to desired requirements
 - Can be used to thicken both cold and hand-hot liquids
- 3 Suitable for milk & lactose free, gluten free and vegetarian diets
- 4 It is suitable for full term babies, children and adults

instant carobel

a gelling or thickening agent

Cow & Gate instant carobel is a food for special medical purposes and is suitable for the dietary management of infantile vomiting and possetting, habitual or recurrent vomiting and rumination.



For healthcare professional use only

* Cow & Gate instant carobel is not recommended for use with a pre-thickened formula.

How Cow & Gate instant carobel compares...

	135g pack Cow & Gate instant carobel	800g EaZypack Cow & Gate Anti-Reflux²	800g EaZypack Aptamil Anti-Reflux³	800g tin SMA Anti-Reflux⁴	400g tin Enfamil A.R.⁵
					
Thickening Agent	Carob bean gum	Carob bean gum	Carob bean gum	Potato starch	Rice starch
Type of Thickener	Gelling or thickening agent which can be added to breastmilk, infant formula or solids	Thickened formula	Thickened formula	Thickened formula	Thickened formula
Preparation	Can be used to thicken cold or hand-hot liquids It can be spoonfed as a paste or added directly to liquids	Prepared with hand-hot water	Prepared with hand-hot water	Prepared with lukewarm water	Prepared with room temperature water
GMS Reimbursable	Yes	No	No	No	No
Suitability	Suitable for full term babies, children and adults	Suitable for babies from 0-12 months	Suitable for babies from 0-12 months	Suitable for babies from 0-12 months	Suitable for babies from 0-12 months

Use of carob bean gum has been shown to significantly reduce the number of babies with regurgitation⁶

Important Notice:

Breastfeeding is best for babies. Instant Carobel is a food for special medical purposes for the dietary management of habitual and recurrent vomiting, and rumination. It should only be used under medical supervision, after full consideration of the feeding options available including breastfeeding. Suitable for full term infants, children and adults. It is not suitable for use as the sole source of nutrition. For enteral use only.

Call our dedicated healthcare
Professional FREEPHONE carelines

**ROI HCP
Careline**

1800 371 371
Alternatively, visit our website
www.cowandgatehcp.ie

**NI HCP
Careline**

0800 977 5656
Alternatively, visit our website
www.eln.nutricia.co.uk

References: 1. Pediatric Gastroesophageal Reflux Clinical Practice Guidelines: Joint Recommendations of the North American Society for Pediatric Gastroenterology, Hepatology, and Nutrition and the European Society for Pediatric Gastroenterology, Hepatology, and Nutrition (2018), Journal of Pediatric Gastroenterology and Nutrition, 66; 3, 516-554. 2. Cow&Gate Anti-reflux product information. Available at: <https://www.cowandgatehcp.ie/product/anti-reflux/> 3. Aptamil Anti-reflux product information. Available at: <https://www.aptamilhcp.ie/product/aptamil-anti-reflux/> 4. SMA Anti-reflux product information. Available at: <https://www.smahcp.co.uk/formula-milk/anti-reflux-formula> 5. Enfamil AR product information. Available at: <http://hcp.nutramigen.co.uk/hcp/product-range/enfamil-ar/index.html> 6. Horvarth et al. Pediatrics 2008;122(6):e1268-77.

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Date of preparation: March 2020.
DABN139071