

This information is intended for healthcare professional use only.

New 2018 ESPGHAN Guidance<sup>1</sup>


## Management of the symptomatic infant<sup>1</sup>

### Diagnostic Criteria<sup>2</sup>

**Regurgitation is a normal physiological process that can occur in healthy infants.<sup>3</sup>**

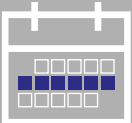
Must include both of the following in otherwise healthy infants 3 weeks to 12 months of age

**2+**  
TIMES  
PER DAY

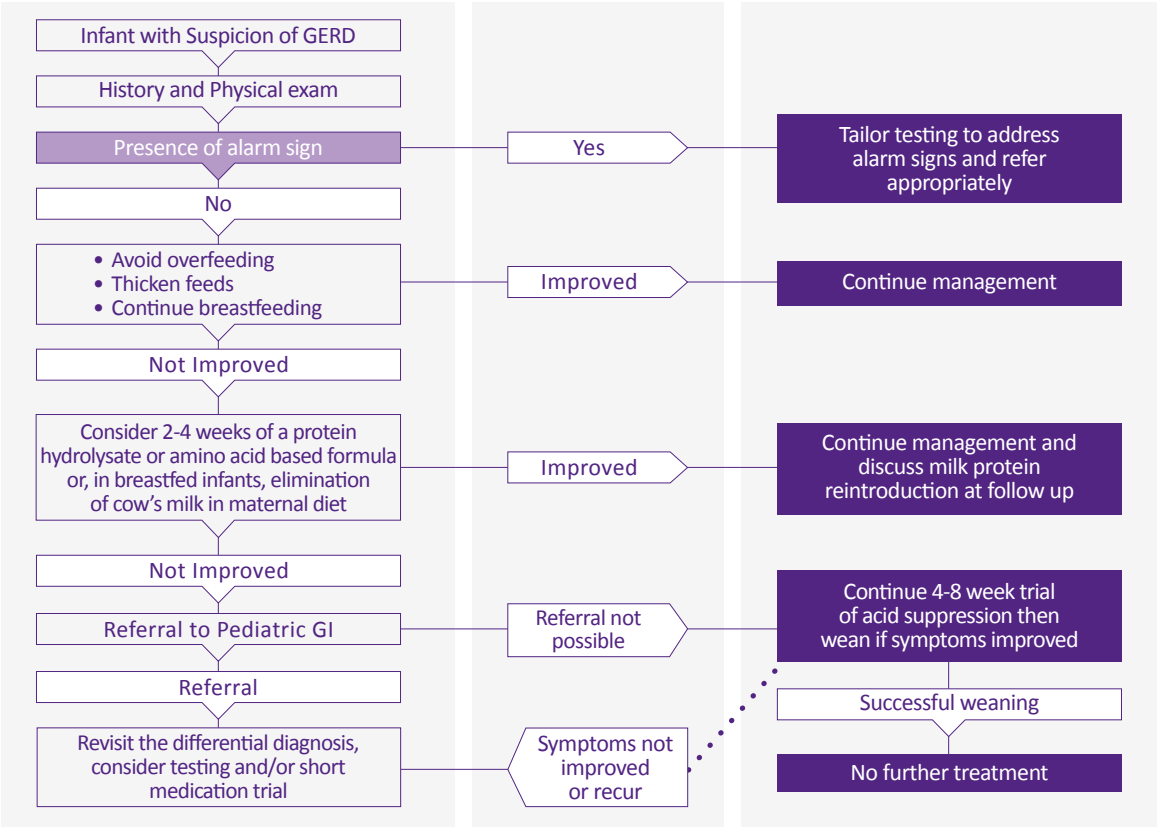


for

**3+**  
WEEKS



without the presence of other symptoms



**References:** 1. Rosen R. et al., Pediatric Gastroesophageal Reflux Clinical Practice Guidelines: Joint Recommendations of the North American Society for Pediatric Gastroenterology, Hepatology, and Nutrition and the European Society for Pediatric Gastroenterology, Hepatology, and Nutrition. J Pediatr Gastroenterol Nutr 2018; 66(3) 516-554 2. Benninga MA. et al., Childhood Functional Gastrointestinal Disorders: Neonate/Toddler. Gastroenterology 2016; 150:1443-1455 3. Lightdale JR. et al., Gastroesophageal reflux: management guidance for the pediatrician. Pediatrics 2013; 131(5):e1684-e1695.

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\*Aptamil Anti-Reflux and Cow & Gate Anti-Reflux should not be used in combination with antacids or other thickeners and are not suitable for premature infants.

**IMPORTANT NOTICE:** Breastfeeding is best. Instant Carobel, Aptamil Anti-Reflux, Cow & Gate Anti-Reflux, Aptamil Pepti 1 & 2 and the Neocate range are all Food for Special Medical purposes and should only be used under medical supervision, after full consideration of the feeding options available including breastfeeding. Instant Carobel is for the dietary management of habitual and recurrent vomiting, and rumination. Suitable for full term infants, children and adults. It is not suitable for use as the sole source of nutrition. Aptamil Anti-Reflux and Cow & Gate Anti-Reflux are for the dietary management of frequent reflux and regurgitation and are suitable for use as the sole source of nutrition for infants from birth and/or as part of a balanced diet from 6-12 months. These Anti-Reflux products should not be used in combination with antacids or other thickeners and are not suitable for premature infants. Aptamil Pepti 1 & 2 are for the dietary management of cows' milk allergy. Aptamil Pepti 1 is suitable for use as the sole source of nutrition for infants from birth, and/or as part of a balanced diet from 6-12 months. Aptamil Pepti 2 is only suitable for babies from 6 months as part of a mixed diet. The Neocate range is for the dietary management of cow's milk allergy, multiple food protein allergies or other conditions where an amino acid formula is recommended and are suitable as a sole source of nutrition. DABN139070. May 2020.