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Whilst it is safe to switch formulas immediately, every baby is different and some may experience settling issues. This is normal and symptoms should be minimal and temporary. However, if parents are concerned they can move their baby on to a new milk more slowly:

## Suggested transition schedule\*

	Feed 1	Feed 2	Feed 3	Feed 4	Feed 5
Day 1					
Day 2					
Day 3					
Day 4					
Day 5					

CF= Current Formulation **NF = New Formulation**

\*Based on a typical feeding regime of a <6 month old infant, to be used as guide only.

- To make the transition gradual, you can replace one feed of the baby's current milk with one feed of new baby milk each day, while keeping all of the other feeds the same.
- Once this feed has become established (which can take two to three days) introduce a second feed of the new baby milk.
- Continue in this way until all of the feeds are with the new baby milk.

**IMPORTANT NOTICE:** Breastfeeding is best for babies. Infant formula is suitable from birth when babies are not breastfed. Follow on milk is only for babies over 6 months, as part of a mixed diet and should not be used as a breastmilk substitute before 6 months. We advise that all formula milks including the decision to start weaning should be made on the advice of a doctor, midwife, health visitor, public health nurse, dietitian, pharmacist or other professional responsible for maternal and child care, based on baby's individual needs.