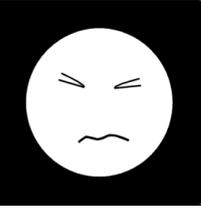
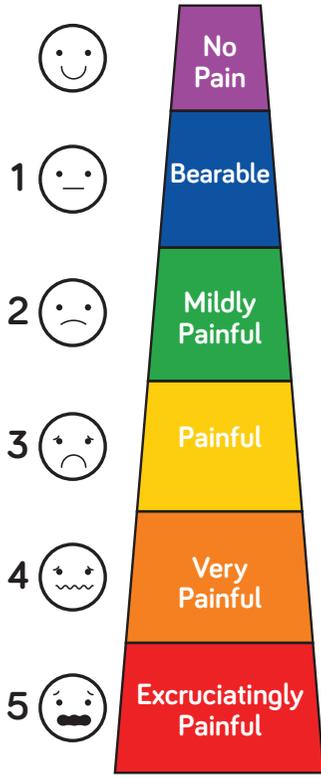
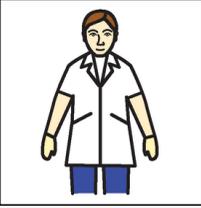
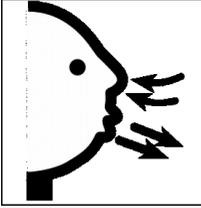
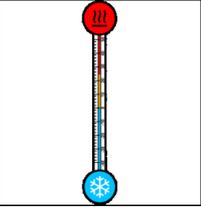
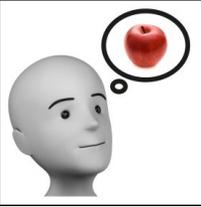
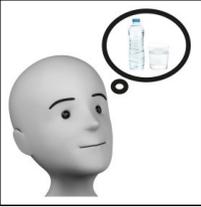
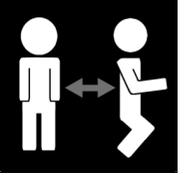
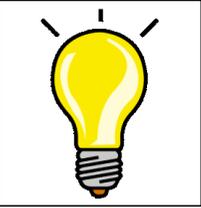
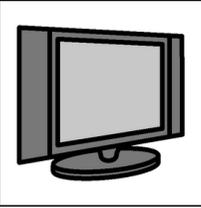


# COVID-19 Communication Chart

<p><b>Pain</b></p> 	<p><b>Phone my family</b></p> 	<p><b>Pain Intensity Scale</b></p> 	<p><b>Call the nurse</b></p> 	<p><b>Trouble breathing</b></p> 																																											
<p><b>I'm too hot/cold</b></p> 	<p><b>I'm hungry</b></p> 		<p><b>I'm thirsty</b></p> 	<p><b>Reposition me please</b></p> 																																											
<p><b>Turn on/off lights</b></p> 	<p><b>Turn on/off tv</b></p> 		<p><b>I need the toilet</b></p> 	<p><b>What time/day is it?</b></p> 																																											
<p><b>I need to clean my teeth/mouth</b></p> 	<p><b>Yes</b></p> <input checked="" type="checkbox"/>		<p><b>Unsure</b></p> <p>?</p>	<p><b>No</b></p> <input checked="" type="checkbox"/>	<p><b>Please get my letter board</b></p> <table border="1" data-bbox="1816 1241 2063 1417"> <tr><td>A</td><td>B</td><td>C</td><td>D</td><td>1</td><td>2</td><td>3</td></tr> <tr><td>E</td><td>F</td><td>G</td><td>H</td><td>4</td><td>5</td><td>6</td></tr> <tr><td>I</td><td>J</td><td>K</td><td>L</td><td>M</td><td>N</td><td>7</td></tr> <tr><td>O</td><td>P</td><td>Q</td><td>R</td><td>S</td><td>T</td><td>8</td></tr> <tr><td>U</td><td>V</td><td>W</td><td>X</td><td>Y</td><td>Z</td><td>9</td></tr> <tr><td>SPACE</td><td>End of Message</td><td>I need</td><td>Per &amp; Prep</td><td>Yes</td><td>No</td><td>0</td></tr> </table>	A	B	C	D	1	2	3	E	F	G	H	4	5	6	I	J	K	L	M	N	7	O	P	Q	R	S	T	8	U	V	W	X	Y	Z	9	SPACE	End of Message	I need	Per & Prep	Yes	No	0
A	B		C	D	1	2	3																																								
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SPACE	End of Message	I need	Per & Prep	Yes	No	0																																									

**Remember: These boards should be considered single patient use only due to infection control.**

## COVID-19 Communication Chart

### How to use the Communication Chart

- If the patient can point; then offer them the board and ask them to point out their message.
- If the patient requests the “letter board” on the bottom row; please get this so they can finish their message.

### Partner Assisted Scanning

- If the patient cannot point; start by showing the person the board clearly i.e. hold the board in front of their face (approx. 10-12 inches away) in good lighting.
- Establish a clear YES or NO signal e.g. the patient may nod/shake their head; blink their eyes or move their eyes up/down; open/close their fists.
- Ask the person if their message is on the board. If they signal “Yes”, proceed to point to the top row of the board and ask “Is your message on this row?”, followed by the 2nd row and so on.
- When the person chooses a row, point to each picture and ask clearly “Is this your message?” until you reach the correct one.

### Why might someone with COVID-19 need this board?

- If the airway is obstructed or they are very unwell, the person may be unable to communicate their needs verbally.
- Staff wearing PPE may be harder to understand when they are wearing their masks. Staff can also use the board to help get their message across. Point to the visual while also saying the message verbally.

For further information or guidance please contact 1800 923 404 or email [SLTreferrals@nutricia.com](mailto:SLTreferrals@nutricia.com)

**Remember: These boards should be considered single patient use only due to infection control.**