

YOU ARE INVITED TO THE

NUTRICIA **CARE** 5TH ANNUAL SYMPOSIUM

**A HOLISTIC APPROACH TO CARE
FOR YOU AND YOUR RESIDENTS**

**THURSDAY 7TH
MARCH 2019**

CLAYTON HOTEL,
LIFFEY VALLEY, DUBLIN 22
(FORMERLY THE CLARION)

AGENDA

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Dear Director of Nursing,

It is our pleasure to invite you and a colleague to the 5th Annual Nutricia Care Symposium, a one day educational meeting, to be held at the Clayton Hotel, Liffey Valley, Dublin 22.

This meeting offers attendees an interactive forum where speakers will share their experience and strategies for supporting a holistic approach to care for you and your residents. This means ensuring an all round approach to care for everyone, considering mental, physical and social factors. Key areas of focus include **restrictive practice, frailty, building resilience and the management of medicines.**

Please confirm your attendance by registering online at www.nutricia.ie/events before March 1st. If you have any queries you can either email events.ireland@nutricia.com or call the Nutricia Events Freephone on 1800 300 414.

We hope that you will be able to join us on Thursday March 7th in the Clayton Hotel Liffey Valley, for what promises to be an enjoyable and highly educational event.

Yours Sincerely,



Maurice Hickey
 Country Director,
 Nutricia Medical, Ireland

9.30am	Registration and Tea/Coffee
10.00am	Introduction Maurice Hickey, Country Director, Nutricia Medical, Ireland
10.05am	Agenda Overview Marie Kehoe O'Sullivan, Quality Improvement Specialist, HSE and Former Director of Standards and Quality Improvement, HIQA
10.15am	The Psychology of Bouncibility – How to Build Resilience within Ourselves Shane Martin, Chartered Psychologist and Founder of Moodwatchers
11.00am	Restrictive Practice – A Thematic Overview Michelle Russell, Nurse Education, REDtrain
11.30am	Tea & Coffee Break
11.50am	Frailty – The Role of Nutrition in the Frail Elderly Speaker to be confirmed
12.20pm	Managing Malnutrition in Care Homes – An Evidence Update Dr. Abbie Cawood, Honorary Research Fellow, University of Southampton and Head of Scientific Affairs, Nutricia Medical
1.00pm	Lunch

2.00pm	Workshop 1 (choose one option)
Please choose your preferred workshop for this session.	1. Medication Administration – The Right to Refuse Andrea O'Reilly, Nurse Consultant, Nursing Matters & Associates (RGN, MSC, BNS, DipHSM). <i>This workshop will focus on the rights of residents to refuse medicines and address the responsibilities of registered nurses in promoting and protecting these rights. There will be a discussion on informed consent, positive risk assessment, covert administration of medicines and care planning related to these topics.</i>
	or
	2. Protein Intake & Muscle Function in Older Adults Maria Lucey & Aideen Ryan, Nutricia Care Dietitians. <i>This workshop will discuss the topic of dietary protein intakes in the elderly and its role in optimising muscle function.</i>
	and
	Putting in place a Nutrition Focus Team in your Nursing Home Marco Gasparoli, CNM, Wygram Nursing Home, Wexford. <i>This workshop will discuss how assigning a nutrition focus team has been of benefit in this nursing home. Experiences, challenges and outcomes will be shared & discussed.</i>
	or
	3. Using a SSKIN Bundle Assessment in Pressure Ulcer Care Aoibhean Geary, Tissue Viability Nurse, Nutricia Medical. <i>This workshop will discuss how to utilise a SSKIN bundle assessment in prevention & treatment of pressure ulcers, as part of the new 2018 HSE Wound Management Guidelines.</i>
	or
	4. The Benefits of Supporting Expanded Training for Catering Niamh Condon, Catering Manager, Fairfield Nursing Home, Cork. <i>This workshop will outline how to support the safe texture modification of food & drinks, while maximizing nutritional content and improving meal presentation. It will also focus on how to work with the taste changes in dementia residents while utilizing portion size to improve meal intake.</i>
2.45pm	Workshop 2 (choose one option)
	REPEAT OF 2PM SESSION. PLEASE CHOOSE YOUR PREFERRED WORKSHOP OPTION FROM 1 - 4 ABOVE.
3.45pm	Close

REGISTER NOW ONLINE AT
www.nutricia.ie/events