

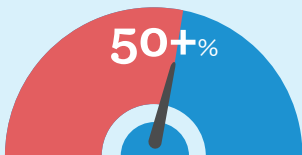
Let's Talk

Nutrition and Oncology

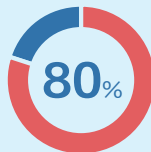
When consulting your patients, keep in mind...



Patients with cancer are at particularly high risk for malnutrition, as both the disease and its treatment can impact their nutritional status



Over half of patients with cancer are malnourished or at risk of malnutrition at their first medical oncology visit³



Up to 80% of cancer patients will be malnourished during the course of the disease²



Patients who are overweight and/or obese are also at risk of becoming malnourished and should not be overlooked



10-20% of cancer patients die due to the consequences of malnutrition rather than the tumour itself¹



Timely nutrition intervention can support better treatment tolerance and improved patient outcomes⁴⁻⁸

ANY cancer patient can be at risk

EVERY cancer patient should be asked about their nutrition and screened for malnutrition risk.

Dry/sore mouth

Episodes of nausea
and/or vomiting

Ask about:

- Unintentional **weight loss**
- **Loss of appetite** or reduced food intake
- Symptoms impacting on ability to eat and drink, **such as:**

Taste changes or
difficulty swallowing

Changes in bowel habits

INITIATE EARLY INTERVENTION AS APPROPRIATE

Don't

wait

to ask

If you are concerned about your patient's nutrition, or consider initiating early nutrition intervention as appropriate.



For more information, visit our website
by using the camera on your phone to scan the QR code above

This information is intended for Healthcare Professionals only.

References: 1. Arends, J. et al. Clin Nutr. 2017 Oct;36(5):1187-1196. 2. Ravasco, et al. J Clin Med. 2019;8:1211. 3. Muscaritoli, M. et al. Oncotarget. 2017 Aug 10;8(45):79884-79896. 4. Nguyen et al. Cancer Medicine. 2021; 10(5), 1668-1680. 5. Zhang et al. J Gastrointest Surg. 2019; 23(8):1682-1693. 6. Kono et al. Head Neck. 2021; 43(2):514-519. 7. Meng et al. Clin Nutr. 2021;40(1):40-46. 8. Van der Werf et al. Clin Nutr. 2020; 39(10):3005-3013.