

# Patient Support Webinar

Organized as part of  
Home Artificial Nutrition  
(HAN) Week 2021



## Building Resilience and Managing your Emotional Wellbeing

**DATE:** 4 August 2021

**TIME:** 2.30 – 4.00

**PLATFORM:** Zoom Webinar

### TO REGISTER

Contact Martina Smyth,  
IRSPEN Secretary at [info@irspen.ie](mailto:info@irspen.ie)

The aim of HAN week, from 2nd to 8th August, is to raise awareness about life-saving, life-changing home treatments that give people that cannot eat or drink normally, a way of receiving their nutrition and hydration.

As part of HAN week, IrSPEN is inviting patients on artificial nutrition to join their webinar, where patients can meet and get to know one another following a talk by Dr Chris Tennyson, Clinical Psychologist, on '**how to build resilience and manage your emotional wellbeing**'. Dr. Cara Dunne, Consultant Gastroenterologist, will also discuss efforts to build better support for patients on artificial nutrition in Ireland.



Irish Society for  
Clinical Nutrition  
& Metabolism